# **Department of Molecular Genetics: Crisis Response**



If the situation is an EMERGENCY, call 911, or call the urgent Campus Police number (416-978-2222). If the situation is URGENT but is not an emergency, you might consider calling the Student Crisis Line (416-946-7111) or U of T Health and Wellness (416-978-8030 and select option 5 to connect to reception immediately, https://studentlife.utoronto.ca/service/faculty-support-for-responding-to-distressed-students/) - these services are available during business hours only.

٠

### Non-urgent support depending on who is in crisis

Undergraduates: Undergrad Director, Registrars of the U of T colleges (https://moleculargenetics.utoronto.ca/report/molecular-

genetics-faculty-handbook#undergrad)

- Graduates: Learning Strategist, Grad Coordinators
- Faculty and Staff: Chair, Employee And Family Assistance Plan ٠ (https://people.utoronto.ca/employees/efap/)

## https://studentlife.utoronto.ca/department/health-

**Resources for students** 

- wellness/ Health & Wellness Centre, Second Floor at Koffler ٠ Centre, 214 College, Health & Wellness Centre 416 978 8030 https://www.sgs.utoronto.ca/resourcessupports/graduate-wellness-services-at-sgs/ (ask for Temerty Medicine embedded counsellors)
- Good to talk 1-866-925-5454 https://good2talk.ca/

#### Other resources

- Department's Health and Wellness page (https://moleculargenetics.utoronto.ca/health-and-wellness)
- IAR Quick Reference Guide (https://iar.utoronto.ca/main/quick-iar-٠ reference-guide)
- U of T's Student Mental Health Resources ٠ (https://mentalhealth.utoronto.ca/find-support-and-services/)
- Housing emergencies ٠ (https://www.studentlife.utoronto.ca/hs/housing-emergencies)
- Sexual violence (http://www.safety.utoronto.ca/) ٠
- Wellness Hub (https://people.utoronto.ca/culture/wellness/) ٠

# Assist.

Identify.

Refer.

Procedures, tips and resources:

https://moleculargenetics.utoronto.ca/ molecular-genetics-facultyhandbook#mentalhealth

# **Department of Molecular Genetics: Crisis Response**



If the situation is an *EMERGENCY*, call 911, or call the urgent *Campus Police* number (416-978-2222). If the situation is URGENT but is not an emergency, you might consider calling the *Student Crisis Line* (416-946-7111) or *U of T Health and Wellness* (416-978-8030 and select option 5 to connect to reception immediately) – these services are available during business hours only.

## Non-urgent support depending on who is in crisis

- Undergraduates: Undergrad Director, Registrars of the U of T colleges
- Graduates: Learning Strategist, Grad Coordinators
- Faculty and Staff: Chair, Employee And Family
  <u>Assistance Plan</u>

## **Other resources**

- Department's Health and Wellness page
- IAR Quick Reference Guide
- <u>U of T's Student Mental Health Resources</u>
- Housing emergencies
- <u>Sexual violence</u>
- Wellness Hub

### **Resources for students**

- <u>Studentlife Health & Wellness Website</u>
- Health & Wellness Centre, Second Floor at Koffler Centre, 214 College, Health & Wellness Centre 416 978 8030 <u>SGS Grad Wellness</u> <u>Website</u>

(ask for Temerty Medicine embedded counsellors)

<u>Good to talk</u> 1-866-925-5454



Procedures, tips and resources: https://moleculargenetics.utoronto.ca/ molecular-genetics-facultyhandbook#mentalhealth